RingCentral Meetings is a Video Conferencing service that unites HD video conferencing, mobility, and web seminars together. Hold face-to-face meetings in high definition and share your desktop or documents with anyone, anytime, anywhere.

**Meetings Features**

- HD video conferencing
- Audio dial-in access
- Screen-sharing: desktop, documents, applications
- Integrated chat
- Calendar integration: Schedule meetings using iCal, Google or Outlook

**Meetings User Guides**

- Meetings for Windows
- Meetings for Macs

**Tips**

- Select Single Sign-On option to Sign In.
- When you are not speaking during a conference call, use the mute option to eliminate background noise.
- Avoid echoing by using headset with microphone.
- Default Deactivate video from Settings if you prefer to join meetings without video.
- Sync your system calendar with Meetings to get notifications of upcoming meetings.
- If sharing screen from a multi-screen setup, keep Meetings application on the screen you wish to share.
- Use Meeting Password while scheduling private meetings.

**Support Contact**

Please submit a ticket to the CUIT Service Desk to ask questions or report an issue. You can also call the Service Desk at 212-854-1919. You can expect a response within one business day.