# Start instant audio meeting on Meetings for Macs

## Joining your audio to a meeting

### Step 1: Click the Start without video button on the homescreen of RingCentral Meetings.

### Step 2: Select an option to join the audio to the meeting:

- **Phone Call**: A number is provided for you to call and join the audio to the meeting.
- **Computer Audio**: Your computer microphone and speaker will be used for the meeting audio.
- **Call Me**: Your number will be called by RC Meetings for you to join the meeting audio.

### A. Join your audio by calling a number

**Step 2A**: Join the audio by calling the number given by the application as shown.

- Select the option **Phone Call**.
- Call the given number from your telephone.
- Enter the **Meeting ID** with the dial pad.
- Enter the **Participant ID**.

### B: Join your audio by computer mic/speaker

- Select **Single Sign-On** option to Sign In.
- When you are not speaking during a conference call, use the mute option to eliminate background noise.
- Avoid echoing by using headset with microphone.
- **Default Deactivate** video from **Settings** if you prefer to join meetings without video.
- **Sync your system calendar with Meetings** to get notifications of upcoming meetings.
- If sharing screen from a multi-screen setup, keep Meetings application on the screen you wish to share.
- Use **Meeting Password** scheduling private meetings.

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**Support Contact**

Please submit a ticket to the CUIT Service Desk to ask questions or report an issue. You can also call the Service Desk at 212-854-1919. You can expect a response within one business day.
**Step 2B:** Join the audio by using the mic and speaker of your computer.

- Select the option **Computer Audio**.
- Click **Join Audio Conference by Computer**.

**C:** Join your audio by answering an incoming call

**Step 2C:** Join the audio by answering the incoming call on your desired number.

- Select the option **Call Me**.
- Enter your phone number to get called by the application.
- Click **Call Me** and you will receive an incoming call on the entered number.
- Answer the incoming call to join the meeting audio.